



# West Coast **Kitchen** by TransPennine Express

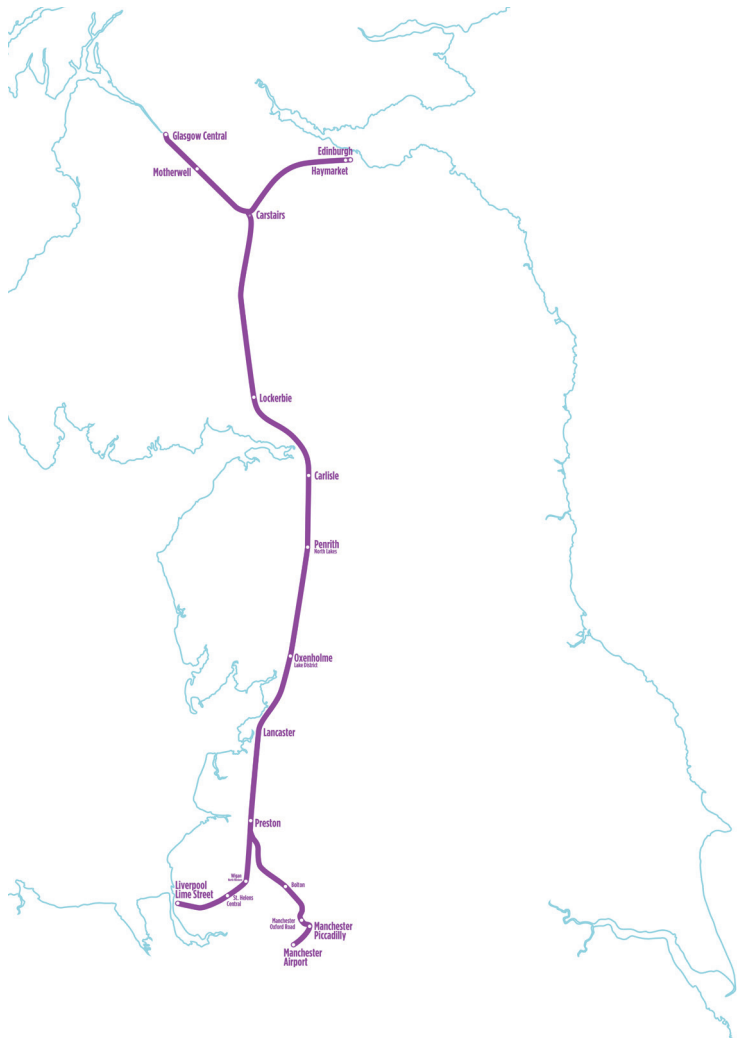
Our Menu  
Week 2

# Welcome onboard TransPennine Express

We invite you to enjoy a choice of complimentary local food and our range of drinks depending on the time of day and duration of your journey .

When selecting our menu, we worked with a range of regional producers from in and around the communities we serve along the West Coast Mainline.

Your superstar host will be along shortly to take your order.





## Breakfast (served until 11am)

<b>Sausage</b> served in a soft white roll	325 kcals
<b>Omelette</b> served in a soft white roll <span>V</span>	271 kcals
<b>Highland Breakfast</b> Scottish Lorne Sausage, Scottish Black Pudding from The Farmers Son, Back Bacon, Frittata & Baked Beans	540 kcals
<b>Vegan Breakfast</b> Plant Based Sausage, Baby Spinach, Cherry Tomatoes, Cannellini Beans in a tomato sauce and Potato Scone <span>VG</span>	277 kcals
<b>MOMA Porridge</b> with honey <span>V</span> <span>GF</span>	
<b>Butter Croissant</b> with strawberry jam	

Adults need around 2000 kcal a day

Breakfast (served until 11am)







## Rest of the day (served after 11am)

### Weekday

<b>Cauliflower &amp; Potato Curry</b> with Basmati Rice & Plain Naan 	278 kcals
<b>Macaroni Cheese</b> made with Belhaven Smoked Scottish Cheddar Cheese topped with Italian crumb 	976 kcals
<b>Pork &amp; Caramelised Onion Sausage roll</b> served with rainbow slaw. Lovingly made by PIE DEMAND, Carlisle	553 kcals
<b>Vegan Sausage Roll</b> served with rainbow slaw Lovingly made by PIE DEMAND, Carlisle 	530 kcals
<b>Poppadom Dip Box</b> with mango chutney and aubergine pickle 	

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### Weekend

<b>Roast Chicken Dinner</b> served with pork stuffing, mash, carrots, green beans and gravy	441kcal
<b>Butternut Squash &amp; Sweet Potato Wellington</b> with with new potatoes & gravy 	621 kcals
<b>Pork &amp; Caramelised Onion Sausage roll</b> served with rainbow slaw. Lovingly made by PIE DEMAND, Carlisle	553 kcals
<b>Vegan Sausage Roll</b> Served with rainbow slaw Lovingly made by PIE DEMAND, Carlisle 	530 kcals
<b>Poppadom Dip Box</b> with mango chutney and aubergine pickle 	

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### Snacks

<b>Yorkshire Crisps</b> – Natural Sea Salt 20g 	
<b>Meredith &amp; Drew Biscuits</b> – milk choc chip cookie, white chocolate chip cookie, shortie swirl and oat crunch	
<b>Chocolate Cake Slice</b> 	
<b>Tunnock's wafer</b>	
<b>Penn State Sour Cream &amp; Chive Pretzels</b> 	
<b>Dormen Salted Nuts</b>  	

Vegan  Vegetarian  Gluten Free 

Adults need around 2000 kcal a day





## Something to Drink

<b>Selection of Farrer's Teas</b>	0kcal
Breakfast, Earl Grey, peppermint and green	
<b>Farrer's Coffee</b>	2kcal
<b>Farrer's Decaff Coffee</b>	2kcal
<b>Farrer's Hot Chocolate</b>	116kcal
<b>Coca-Cola</b>	
<b>Coke Zero Sugar</b>	
<b>Schweppes Lemonade</b>	
<b>Orange Juice</b>	

### After 11am we additionally offer;

<b>Nice Sauvignon Blanc</b> Can, France	11.5% abv
Dry. Crisp. Wink of peach. (Vg) 187ml	
<i>This dry, crisp white is a little bit fruity and seriously up for anything. A Sauvignon Blanc with the sass of a grape that knows it's got it.</i>	
<b>Nice Malbec</b> Can, Argentina	13.5% abv
Juicy. Darkly Fruit. Wicked depth. (Vg) 187ml	
<i>This medium bodied Argentinian wine gives red a good name. Hails from the Mendoza region, and will happily charm your friends given half a sip.</i>	
<b>Nice Pale Rosé</b> Can, France	12% abv
Dry. Crisp. Hint of strawberries. (Vg) 187ml	
<i>A classic French Pale Rosé from the Languedoc-Roussillon region. A Grenache that's dry and crisp with hints of dried strawberries.</i>	
<b>Nice Sparkling Wine</b> Can, Spain	10% abv
Dry. Crisp. Sparkly (Vg) 200ml	
<i>This dry and crisp fresh white is seriously up for anything. Comes from the luscious hills of Cotes de Gascogne region. This Sauvignon Blanc has the sass of a grape that know it's got it.</i>	
<b>Northern Monk Faith</b> , Leeds	5.4% abv
<b>Edinburgh G&amp;T</b> , Edinburgh 250ml	7.4% abv



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For Allergy and Calorie information  
please use the QR code below or ask  
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